

Maternity Compression Sizing

Sizing: Based on pre-pregnancy pant size (0-18)

Motif Pregnancy Support Band

Size	Waist	Pre-Preg Pant
S	22-32	0-4
M	32-42	6-10
L	42-52	12-18



Motif Postpartum Recovery Support Garment - Natural Birth

Size	Waist	Hips	Pre-Preg Pant
XS	25-26	35-36	0
S	27-29	37-39	2-4
M	30-32	40-42	6-8
L	33-35	43-45	10-12
XL	36-39	46-49	14
2X	40-43	50-53	16-18



Motif Postpartum Recovery Support Garment - C-Section and Natural Birth

Size	Waist	Hips	Pre-Preg Pant
XS	25-26	35-36	0
S	27-29	37-39	2-4
M	30-32	40-42	6-8
L	33-35	43-45	10-12
XL	36-39	46-49	14
2X	40-43	50-53	16-18

